



WORLD OPEN
FREESTYLE FOOTBALL
CHAMPIONSHIPS



22ND - 26TH AUGUST
PRAGUE, CZECH REPUBLIC

ATHLETE BOOKLET
READ BEFORE ASKING!

Editorial

Back in 2009 when tournaments in Prague started we all were young and had no clue what is happening with us. We just loved juggling the ball and not care about anything. These times are gone and sometimes we are searching the way back desperately. No wonder it is so hard with all possibilities we all have with online world, social media and technology influencing our lives every day. It is difficult to stop for a while and enjoy the training session just for the good feeling. At the moment training without camera recording every your move is as rare as live performance without neck stall. And I think it is time to get back, start from the scratch and discover again that skillful child within ourselves. That is the feeling I want everyone to have during the week of Super ball every year.

Super ball 2017 is special in many ways. After 3 years in Liberec we have grown from small tournament on athletic running track to incredible event respected in every corner of the world. Many people have asked me “Why have you moved Super ball to small city like Liberec?”. Well, there are exactly 3 reasons. It is my hometown and contacts I have there were exactly what I needed to secure big production. Most importantly I had the opportunity to start working with P. J. Art Production and grow the event to better future. Another reason could be confirmed by anyone who is organising events. Capitals and big cities are overloaded by events and it is hard to make difference. In smaller city the event was peak of the season and everyone was interested in it. And third reason is difficulty to impress people every year. It needed to change somehow. It is putting me under big pressure to come with new ideas, structures or just details every single year to keep everyone entertained. And that was the change I have chosen to make.

This year we are breaking records with attendance again. After the deadline of registration we have reached 317 freestylers from 54 countries. After all those years mentioning “300 players from 50 countries” in advertising campaigns finally we have reached this goal. I am incredibly proud and want to thank everyone of you to help me reach this goal. In spite of some of the big names are missing on the list, I believe that new generation and undiscovered athletes will make big impact anyway.

Our social media team Mehul, Pege and Tom Folan are going to be around and getting as much content out to our channels as possible so everyone around the world could have the same feeling like we have. Live stream from the whole event will be posted on website in section Live Stream (Dah!) and commentators seat is going to be open for anyone who wants to share few words about duration. Do not hesitate to show yourself and be part of event in unique way.

I think I have been talking too much so now its time to shut up and do what I can do best. Make the week at Super Ball the best week of your year. Check out following text to maximise your Super ball experience.

Lukáš Škoda aka “Lucaso”
Super ball director



1. Traveling around Prague

Thanks to rich history of the Czech Republic, Prague has one of the best public transport infrastructures to compete with any city around the world. You can easily get anywhere you want using either the metro, bus or tram. A ticket for use within 90 minutes costs just €1,20. You can buy tickets at any tobacco shop, newspaper stand, or in subway stops, and your tickets must be validated on entry, otherwise they are invalid.

From the tram stop “Kubanske namesti”, which is the closest one to your hotel, you can reach the city centre using tram no. 22 in the direction of “Bila hora” (Which means ‘white mountain’). On this route, you can reach the national theatre, river Vltava or Prague castle easily.

Taxi drivers in Prague are notoriously bad! Always try to avoid the urge to wave a cab on the street, especially those parked around train or bus stations. Also, always ask about the price in advance and tell the driver you want a printed receipt at the end of the drive, which means they have to turn the meter on. You can also use Uber, or choose the local service, Liftago. Finally, locals always order a taxi from one of the main taxi operators in Prague by phone. This guarantees a cheaper fare (you'll get a text message indicating the approximate fare) and monitored behaviour. The numbers of the two biggest operators are 14014 and 14015.

If you want to navigate yourself across public transportation and know the times of departures, download an app called “IDOS”. It's easy to use and very helpful, especially when you don't know the system too well. It has an English version.



2. Taxi services

Thanks to cooperation of Super Ball organisers with local taxi service provider Kuryr Taxi there are special prices ready for anyone who is in need to get a cab.

Simply call the number bellow and say password: "Freestyle Football". They will immediately know it is from our group and send a cab anywhere you tell them. They all speak English so there will not be problem with misunderstanding.

This will be handy especially on the way from and to airport as sometimes you can get a taxi driver who will try to scam you. It is safer to have this contact. Also from after party back to hotel its useful to have this number.

Phone: +420 241 090 090

Email: objednavka@kuryrtaxi.cz

Text message: +420 606 788 370

Website: www.kuryr-taxi.cz

Fare (Czech Koruna): 30,- general fare, 19,-/km, 6,-/1 minute of waiting (basically it means that you can get to city center or after party club for 200,- and from airport for around 700,- which is pretty cheap.



3. Czech Food

Fast Food culture is not really that strong in Czech Republic so we don't have too many "mainstream" fast food chains here. You can find McDonald's, KFC, Burger King and Subway. But that's about it. Czech people like to sit down and enjoy the meal in restaurant rather than rush it on a drive-thru. Take some time to search for some authentic Czech restaurants and you will not regret the decision.

Czech cuisine is meat based. No wonder that one of the most favourite meals is a combination of pork, cabbage and dumplings called "Knedlo-zelo-vepřo". Another specialty is called "Svíčková" (Sweetch.-cowa) which is beef, dumplings and a beautiful sauce with whipped cream and cranberries. Of course we cannot forget the barbaric invention of fried cheese with French fries and tartar sauce called "Smažák" (Smazha:ck). You should definitely try one of these. All of these of course are served well with nice pint of Czech beer. Any time.



If you are more interested in practicing and want to save some money, you can choose to go to Tesco and buy something simple like a sandwich or instant noodles. It is better to go there at the beginning of your trip and buy some supplies for the week, so you don't have to go back and forth too often.

In restaurants it is customary to tip. It is nothing close to 10-15% like in USA but here you usually circle it up to leave around 10-20,- Czech Korunas.

If you have some time, we highly recommend a restaurant/pub near to the Old Town Square in the direction towards the river. It is called "Krcma" and is designed in the medieval Czech style. Their food is amazing and you can order bigger than big beer. Sometimes people are calling it "Game of thrones" dining experience. You can expect higher prices but nothing too dramatic.



4. Czech drink

If you want to sit down, chill and enjoy nice Czech beer or wine, there are many options everywhere. Here are some of our favorites...

A very popular pub/restaurant is “Lokal”. There is one in “Dlouha” street and even though it is huge, it is usually full every evening. So you had better reserve a table or visit it during the day. Food and beer there are out of this world!

Close to Hotel Slavia is restaurant called “Vinohradsky Parlament”. Both food and beer is brilliant but usually really packed. Worth visiting though.

In the same street you can find the “Prague Beer Museum” where you can taste more than 30 draught beers. Don’t forget to order typical Beer Snacks like “Nakladany Hermelin”, “Utopenec” or “Pivni Klobasa”.



5. Night life

Night life is truly astonishing in Prague and something the city is famous for. You can meet many tourists in clubs, bars and pubs around whole city every day. Weekends are usually going on until 5 or 6am. Here are few tips where to go and what to be careful about.

Definitely do not buy cigarettes, alcohol or drugs from anyone on the street. It can get dangerous and some of the people during night especially in widely touristic place could be really persuasive. Do not worry though, these spots are usually filled with policemen.



Disco “**Karlovy Lazne**” is the most popular among tourists. If you go there you might actually meet someone from your country. 5 floors filled with different music and little bit expensive alcohol. It is straight next to Charles bridge and when outside it offers great view on Prague castle. If you are kicked out because club is finished, be careful outside as there might be strange people trying to get you their bar for “after party”. Do not walk with them.

Another popular place to spend the night in is “**Retro Music Hall**”. It is close to hotel Slavia (4km, 10 minutes by tram no 22 or 30 minutes walk) next to “Namesti Miru”. Great Djs, events and beautiful people. Definitely worth a visit.



One of the special clubs is called “Cross Club” near “**Nadrazi Holesovice**” metro stop. It has an incredible metal design and is filled with lights. Music genres played there are DnB, Dubstep and some underground music. Have a look at their website.

For bars you will be most comfortable in “Dlouha” street. Bars like James Dean or Harley’s are open until late morning hours so they are perfect for an after party. Also clubs Roxy and Atelier are there so you will have fun anyway. And we cannot forget for the 18+ category only. Red Peppers on Wenceslas square is expensive but really classy. Darling Cabaret satisfy your needs and you should pay special attention to www.saunaclub.cz where you pay an entrance fee and everything is All-inclusive.

6. After party

Date: 26th August 2017 from 22:30 CET

Place: Music Club Misch Masch



For all those long years of Super ball being in Czech republic everyone knows that competing is not only one activity athletes are coming over for. Long hours of discussions about sport, exchanging ideas, night training sessions, 4am beer at reception of hotel and of course the whole night life. These are factors, which are helping to achieve ultimate

experience of this great event.

Final day of Super ball 2017 is going to be spectacular and full of emotions. After it finishes it would be shame to waste all that energy everyone has and next day travel back home rested and fresh. That is why this year like any other there is massive after party planned for all participants.

Read this document properly so you are ready in advance. As soon as competitions are over you are going to be too excited to think about proper logistics and behaviour of yourself. This text should help you to be well informed about what after party is going to look like and how to enjoy it without any troubles.



Start

After party starts exactly after award ceremony of the final day. We are having couple of **buses** taking us from Jan Palach square **straight to the club**. There is going to be **extra bus for all finalists** who want to go back to hotel to have shower and then will bring them back to club. These athletes will have exactly **1 hour** to get ready on hotel, **not more**.

Meeting for everyone who want to go to club is going to be **at 22:30** by **Freestyle Shop area**. There we will load buses with people.

Important: Each participant will receive **wristband** before his entrance to the **bus**. Make sure you **don't loose it** otherwise you will not be let into the club.

The way back to hotel needs to be arranged by **yourself** but you can use night trams from **Letenske Namesti** (stop 2 minutes from club) to transfer at **Lazarska** and then take tram to **Kubanske Namesti** where hotel is. The easiest

way is to use **Uber** or **Taxi**. For slow people there is **Google** with any information you might need.

Place

Club: Misch Masch Music Club

Website: www.mischmasch.cz

Address: Veletržní 61, 170 00 Praha 7 – Holešovice

Tram stop: Letenské náměstí

Travel time from hotel: 20 minutes

Travel time from final venue: 7 minutes

Hotel Slavia Address: Vladivostocká 10, 100 00 Praha 10 – Vršovice

Club

The club has two musical stages. The main stage is a large hall and playing current musical direction. This space is equipped with perfect sound. In this room you will find two main bars (**Jägermeister shot for €2,4**), big dance floor, massive screen behind Dj and elevated dancing patio. At this stage official Super ball **Dj Skodiss** will start to boost you up with some Freestyle Football Friendly songs for 2 hours and then he will be replaced by **Dj Hrusha** to pump up your blood stream with modern club hits.



For **beer lovers** there is brilliant way how to not wait too much on bar. **Separated beer bar** dividing 2 stages is going to be ready for orders. 0,5l of beer for €1,7 is good deal. They are serving either **Staropramen** or **Hoegaarden**.

Second stage plays usually oldies and top hits from 80s and 90s. Good for old schoolers. In the first floor of this stage

there is small fast food window where you can get perfect drunk food such as **Kebab (€4)**, **Durum (€5)** and if you are lucky, they serve **homemade pizza** too. You will not starve while enjoying the party.

Around whole club there is around 20 TVs and one epic big screen behind the Dj on main stage. Well these are going to be used for legendary Freestyle Football videos the whole night.

Last but not least we have made good deal with owners and they offered us special treatment for all participants. **Buckets of vodka with juice** will be ready for everyone free of charge and **few bottles of Bacardi**.

Usually this club is open until **5am** only but I am sure that in 250 people partying the whole night they would need to re-consider this limitation.

Apparently on this very day of 26th August 2017 there is the major event of fighting community. Conor McGregor and Floyd Mayweather will be fighting each other at around 5am CET. if you will drink like a boss, you can then see it.

7. Tourism

Most cafes in Prague do offer free Wi-Fi, although there are exceptions. If you need a data plan and roaming is too expensive, buying a local SIM card might be a good idea. Despite what they might say, the offers of the three main cell operators (O2, T-Mobile and Vodafone) are nearly identical. The activation process might be tricky to do by yourself, especially if you do not speak the language. Ask staff to help you activate the SIM card and do not leave before they do so. There is a Vodafone stand straight in the arrivals hall at the airport or in Tesco next to hotel.

If you want to bring some souvenirs back for your family and friends, the most typical ones are: Wooden toys, Czech crystal, glass and porcelain, Czech spa wafers or Becherovka liquor. Of course not to forget to mention traditional Czech bottled beer or a T-shirt with sign "Czech me out" or "Czech Drinking team".



On the way up to Prague castle there are a lot of traditional Czech shops. Be careful there as items are expensive and you can get the same stuff anywhere in city center. One shop is worth your attention though. Almost on the top of the hill there is an Absinth shop where you can get various items that taste like Absinth including lollipops, ice-cream or chocolates. It might sound terrible but is a great experience and actually pretty tasty.



8. Shopping

Some of you I'm sure would like to do some shopping around too. There are some huge shopping malls to visit such as Palladium on "Namesti Republiky" or Chodov. But the closest one to hotel Slavia is shopping mall Flora. It takes just around 8 minutes taxi drive and costs around 150,- Czech Koruna to get there. This mall has also a cinema with Imax room and most of the films are in their original language with subtitles if you fancy watching some blockbusters.

There are 2 main shopping streets (except all small stores in streets between Wenceslas and Old Town square) called "Parizska" (for fancy stores like Gucci, Louis Vitton, Prada) and "Na Prikope" (clothing and sport shops like Adidas, New Yorker etc.).



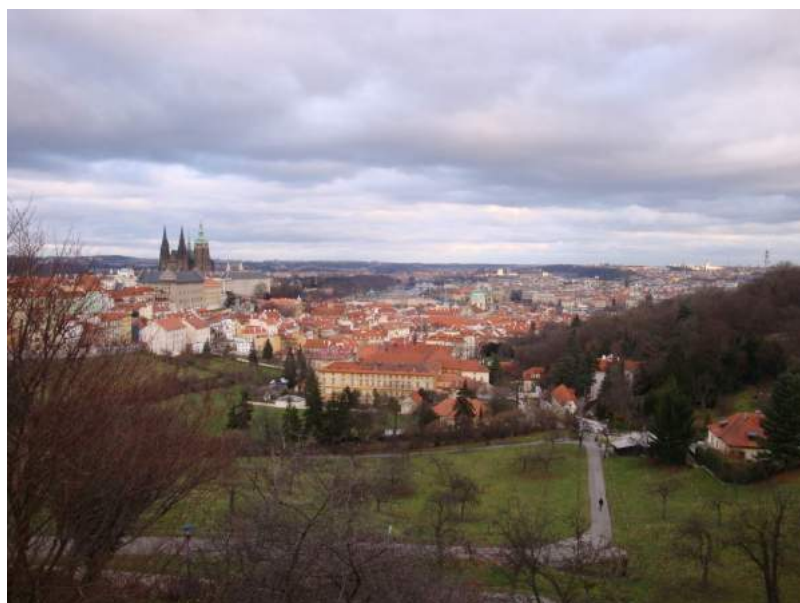
9. Sweet spots

It makes sense that when you are in Prague you would like to take some sick pictures with or without a ball. Here are few tips on where to go.

If you fancy busking and maybe trying to make some money for an evening snack, tourists in Prague love street performances and it is allowed in Prague 1. Try the very bottom of Wenceslas square in front of New Yorker or Old Town square (might be tricky as there is no flat surface). These places are filled with tourists as they are the main pedestrian intersections.

Charles bridge is one of the oldest bridges in middle Europe. Filled with street artists it might be quite difficult to do some posing with a ball, but when possible it is worth it. The beautiful backdrop of Prague castle is especially effective in the evenings.

Everyone will tell you that the best view is either from Zizkov Tower, Petrin Tower or Prague Castle. They are not wrong, the view is truly beautiful. But it is difficult to perform any kind of tricks there so pictures are usually with a huge crowd or wall in the background. There is however one sweet spot called "Panna Maria z Exilu" which is close to Prague castle and you can see literally the whole of Prague. Follow the instructions below or google the name.



10. Language

Czech language is like nothing you have heard before. Our grammar is almost impossible to understand and pronunciation of words is difficult. The younger generation are English language friendly so you can communicate properly but when you see older people, they are more likely to know the German or Russian language. But don't be afraid to talk to people on the street. Czechs like to have interesting conversations and looking important while talking English!

The most common phrases you can find on links these below:

- http://www.czlingua.cz/en/cj_fraze
- http://www.myczechrepublic.com/czech_language/czech_phrases.html

and here are some extra cheeky ones from previous Super ball booklets:

Thanks = Dick-y

Sweetheart = Mill- A- tch-kuu

Have you got any available sisters? = Mash nay-yakkay voll-knee sestrey

You have beautiful eyes = Mash motcz p-yeah-K-nee ott shee

Life goes on = Ten Dzz-ievot poke-ratch-U-yeah

I'm having a heart attack = Ran-E-min-yey, Mert vit-Say

Good bye = Chago Beggo she-len-say

Help me = Po mou dzesh Min-nay

Shots = Pan A tch key

Condoms = Pre-searve-A-tivvy

Bread = Klebba

Beer = PeeevO

Garlic = Chess e neck

Nurses = Sess tritch key

I'm lost = Ya sem mee mou

Horse shoe = Pot-ko-vaa

Cheers !! = Nass sDrravvee

Meat = Masso

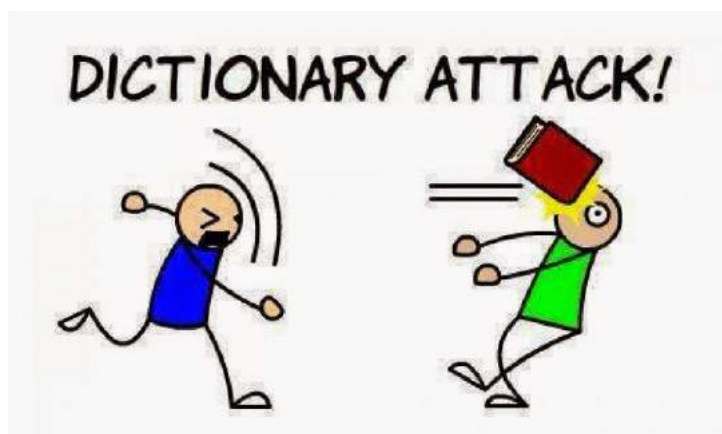
Good work = ah yeah toe!

69 = She-does-that deviant

Fuck you! = Vy lish si prr-dell

Where is toilet = Ies em g:ei

That wasn't clean = Tho nebbylloh tschistee



11. Players Welcome Pack

Welcome pack is something what belongs to Super Ball for ages. It is unique way how to get in touch with every single player before everyone starts to enjoy his week. Also it shows players that their registration is worth something and not just money thrown into the wind for being in competition.

Every year all registered athletes get official Super ball T-shirt and A1 format poster. And every year there are some surprises. This time is not exception.

Every athlete will gain special edition of Super ball socks. These bad boys fits to wear at party or at the training session.

Another item you will be given is after party wristband. Please do not lose it as it is your only entrance ticket to massive after party mentioned earlier.

We are making comeback of our favorite idea from 2013 to give simple camera to chosen individuals to collect some random shots during the week. After the event is done we will collect them back and chose the best ones to be published. Hopefully our FB account will not be banned again.

And lastly every participant will be given gift from organisers in form of Czech SIM card from O2 (local operator) with basic credit which could be charged immediately after activation.

More information about how to activate your card you can find on this link:

<https://www.o2.cz/osobni/en/o2-prepaid-card/>

Also in Shopping mall Eden (Tesco) you can find O2 point where they can activate it for you and tell you how to use it.



12. Venues

QUALIFICATION (22ND – 25TH AUGUST 2017)

Famous athletic area of Slavia Prague, Prague 10 – Vrsovice

Dance dark non-slippery flooring for the best performance

Roofed tribune and stage to secure dry duration of event

Event hotel next to the field

Non stop Tesco supermarket 6 minutes walk from the hotel

ATM and Exchange office available at Tesco Shopping mall

Freestyle shop offering various merchandise open every day

Restaurants serving daily menus for great price in close surrounding

Gym available for night training from 10pm to 4am every day

Fitness center next to the gym for reasonable price

Swimming pool available just behind the corner

24/7 bar in lobby of hotel

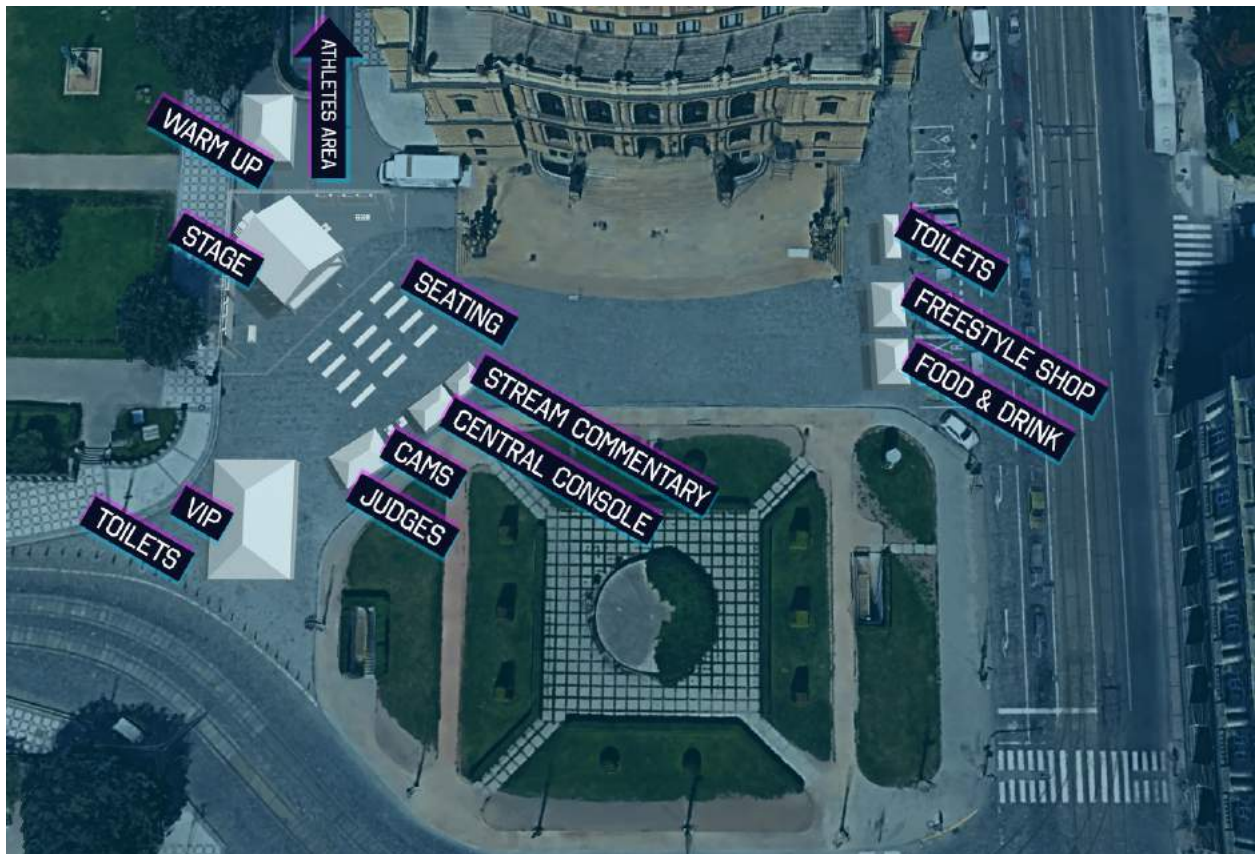
Day and night trams connection to city centre

Online live stream delivers the whole week duration to the world



FINAL DAY (26TH AUGUST 2016 AT 18:00 CET)

Top 16 battles, top 5 routines, top 5 double routines & female battle final
Incredible background created by Prague castle area
Breath-taking set up with professional equipment
Warm up zone and locker rooms with refreshments secured
Animations developed by Motionhouse for the 4th year in a row
Finals hosted Lorenzo Pincioli from the Italian crew 'Da Move'
Czech commentary handled by famous radio star Petr Cerha alias Nasty
Seating for all players secured close to the stage
Catered VIP lounge for partners and important guest
Video crew present to stream the final on O2 Sport TV
Online live stream delivers this whole event to the world
Transport to after party straight from the venue by guide
Red Bull Saurus music car creating perfect HQ for Dj
Dj Skodiss hitting the best tunes worth World final



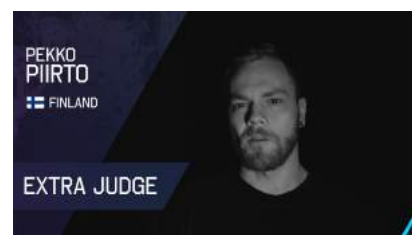
13. Judges

This year judging panel went up to 10 people so everyone can comfortably focus on his competitions. 10 competitions during 3 days is draining and it is really important for our judges to be concentrated every single second. Here are those individuals who are in charge to chose World Freestyle Football Champion 2017.

Main judges – focused mainly on Battle competition



Extra judges – focused on competitions during the week



Judges disposition



Every judge to be on place at least 15 minutes before the time to get ready.

		Main judges:					
	Mael Kevin Fortin			Battle qualification and finals, Challenge, Female battle finals			
	Gleb Karpov (Russia)			Battle qualification and finals, Routine qualification, Double routine qualification, Female battle finals			
	Carlos Iacono (Argentina)			Battle qualification and finals, Sick Three, Challenge, Female finals			
	Miran Pirner (Croatia)			Battle qualification and finals, Show flow, Routine qualification, Female finals			
	Lars Munck Petersen (Denmark)			Iron man, Battle qualification and finals, Sick Three, Challenge, Female finals			
	Extra judges:						
	Conor Reynolds			Iron man, Intermediate Battle, Sick Three, Challenge			
	Federico Massignani (Fed)			Iron man, Rookie Battle, Double Routine qualification, Female Battle qualification			
	Pekko Piirto (Pege)			Iron man, Rookie battle, Female Battle qualification, Challenge			
	Lorenz Marius Kleven (Norway)			Show Flow, Iron man, Rookie Battle, Intermediate Battle, Double Routine qualification			
	Jaime Arbeteta (Spain)			Intermediate Battle, Sick three, Female Battle qualification, Challenge			
	Daniel Rooseboom de Vries (Netherlands)			Routine final, Double Routine final			
Day	Competition	Time	Head judge	Judge #2	Judge #3	Judge #4	Judge #5
Tuesday 22.8.	Show Flow	11:00 - 12:30	Miran	Lorenz	Pege	x	x
Tuesday 22.8.	Battle qualification 1/2	12:30 - 15:30	Mael	Gleb	Charly	Miran	Lars
Tuesday 22.8.	Battle qualification 2/2	16:00 - 19:00	Mael	Gleb	Charly	Miran	Lars
Tuesday 22.8.	Iron Man	19:00 - 20:00	Lars	Pege	Lorenz	Conor	Federico
Wednesday 23.8.	Rookie Battle	10:00 - 12:00	Pege	Lorenz	Federico	x	x
Wednesday 23.8.	Intermediate Battle	12:00 - 14:00	Jaime	Conor	Lorenz	x	x
Wednesday 23.8.	Battle - elimination	14:00 - 17:00	Mael	Gleb	Charly	Miran	Lars
Wednesday 23.8.	Routine - qualification	17:00 - 18:30	Federico	Miran	Gleb	x	x
Wednesday 23.8.	Sick Three	18:30 - 21:00	Jaime	Charly	Conor	Lars	Pege
Thursday 24.8.	Battle - additional rounds	11:00 - 12:00	Mael	Gleb	Charly	Miran	Lars
Thursday 24.8.	Double Routine qualification	12:00 - 13:30	Federico	Lorenz	Gleb	x	x
Thursday 24.8.	Battle - top 32	13:30 - 15:00	Mael	Gleb	Charly	Miran	Lars
Thursday 24.8.	Female Battle - qualification	15:00 - 16:00	Pege	Jaime	Federico	x	x
Thursday 24.8.	Challenge	16:00 - 19:30	Jaime	Pege	Lars	Charly	Conor
Friday 25.8.	FREE DAY						
Saturday 26.8.	Female Battle - semifinal	18:17 - 18:30	Mael	Gleb	Charly	Miran	Lars
Saturday 26.8.	Battle - Top 16	18:30 - 19:30	Mael	Gleb	Charly	Miran	Lars
Saturday 26.8.	Female Battle - final	19:35 - 19:45	Mael	Gleb	Charly	Miran	Lars
Saturday 26.8.	Routine - final	19:45 - 20:15	Federico	Jaime	Rooseboom	x	x
Saturday 26.8.	Double Routine - final	20:15 - 20:40	Federico	Jaime	Rooseboom	x	x
Saturday 26.8.	Battle - quarter, semi, finals	20:40 - 21:35	Mael	Gleb	Charly	Miran	Lars

PHONE BOOK

BIG BOSS

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NON STOP FOOD DELIVERY

Pizza Nonstop +420 777 840 074

Food delivery App www.damejidlo.cz

TAXI

Kuryr Taxi +420 241 090 090

"FUN" HOUSE

8008135 www.adultprague.cz

WIFI

Hotel Ask on reception desk

Qualificaton and Final venue Password: freestyle

X-FILE

Maulin +420 734 160 579

EMERGENCY CONTACTS

Police..... 158

Emergency..... 155

Fire workers..... 150



